

1th Annual Scan TRICC Workshop 2014
Translating person-centred care
November 23. 12 p.m. - November 24. p.m.

The workshop takes place at The Research Unit Women's and Children's Health the Juliane Marie Center, Copenhagen University Hospital, Rigshospitalet, Copenhagen



The research unit is located at **Tagensvej 22, 2. Floor Copenhagen.**

Transport

It is easy to go by the Metro from Copenhagen Airport to Nørreport station and then by Bus number 6A to Tagensvej 22.

Program

Day 1

12.00 – 13.00

Lunch Tapas

13.00 – 13.30

Welcome and introduction of the ScanTRICC group

13.30 – 15.00

Three approaches which share the ambition of translating the idea of person-centred self-management intervention research into practice.

Special consultant Solveig Storbækken, Bergensklinikkene: *Motivational Interviewing (MI)*

Ass. professor Åsa Hörnsten, Umeå University : *Integration Support (IS)*

Ass. professor Vibeke Zoffmann, the Juliane marie Center: *Guided Self-Determination (GSD)*

15.00 – 15.30 Coffee break

15.30 – 16.15

Life transitions in the context of person-centred self-management interventions (Associate professor Bodil Rasmussen Faculty of Health, Deakin University, Melbourne, Australia)

16.15 – 17.00

Establishing international multi-disciplinary research teams. What kind of collaboration is productive? (Professor Marit Kirkevold Oslo University)

19.30 Dinner at a restaurant in Copenhagen



Rigshospitalet

Contact: vibeke.zoffmann@regionh.dk
phone +45 3545 7380

1th Annual Scan TRICC Workshop 2014
Translating person-centred care
November 23. 12 p.m. - November 24. p.m.

Day 2

09.00 – 09.45

Training fidelity assessment in MI (Special consultant Solveig Storbækken)

09.45 - 10.00 Coffee

10.00 – 11.30

Training fidelity assessment

In MI - Using Motivational Interviewing Treatment Integrity, MITI (Introduced by Special consultant Solveig Storbækken)

In IS - Using personal understandings of illness, reflecting today, past and future together, highlighting turning point statements, emotional and existential expressions. (Associate professor Åsa Hörnsten)

In GSD - Communication in zone 5, situational reflection at levels III & IV Communication Skills Mirroring, active listening and values clarifying responses. (ass. Prof. Vibeke Zoffmann & ph.d. student Mette Linnet Olesen)

11.30 – 12.15

Plenary discussion

Date for 2015 workshop or conference

12.15 – 13.00 Sandwich lunch

WHO CAN TAKE PART? All members of Scan TRICC

Researchers with experience in self-management interventions for people with chronic conditions can become members (free of charge)

Apply for membership of Scan TRICC: <http://scantricc.org/>

Workshop fee is 50 Euro. Procedure for payment is to deposit the fee at:

Ref.	F-22931-01
Reg.nr.:	2149
Kontonr.:	6269277503
SWIFT kode	NDEADKKK
IBAN:	DK28 2000 6269 277 503

Remember writing your name and working address in connection with payment!

DEADLINE: Monday the 10th of November!



Rigshospitalet

Contact: vibeke.zoffmann@regionh.dk
phone +45 3545 7380